

American River Canyon Hikes

***Practical Guides to Hikes
in the Canyons of the
North and Middle Forks American River***



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ASRA Canyon Keepers



The Auburn State Recreation Area Canyon Keepers (ASRACK) are volunteers who assist the professional state park rangers by providing information and assistance to ASRA visitors. The Canyon Keepers conduct monthly hikes and meetings (open to the public) to learn more about the history and natural beauty of the American River Canyon. They also help maintain and improve hiking trails and conduct Jr. Rangers programs in ASRA.

Join Us...!

If you enjoy hiking the trails of the American River Canyons, would like to learn more about the area, and are interested in helping others enjoy its natural beauty...please consider joining us.

There are two membership categories, Supporting & Active. Supporting memberships are available with a \$15 minimum donation. Two training days and a \$5 membership fee are required to qualify to be an active Canyon Keeper.

For further information about the Canyon Keepers' activities, including e-mail notification with details about meetings and hikes, contact:

Jim Ferris at (530) 885-3776 or e-mail ferris@telis.org

www.psyber.com/~asra/asrack.htm

Trail Etiquette

Thank you for visiting the Auburn State Recreation Area (ASRA) and the American River Canyon. Please take care to preserve and protect the trails, plants, and historic artifacts for other visitors (and for the wild residents of ASRA) by staying on the trail and by packing out all garbage to the trailhead. Some trails are very popular and may be crowded at times with hikers, bikers, and equestrians. Trail courtesy requires that bikers yield to hikers and equestrians, and that hikers yield to equestrians. In order to reduce conflicts and increase everyone's enjoyment, park visitors are required to act in a safe and courteous manner, obeying all park rules and speed limits, and respecting trail designations.

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“This book makes quick work of selecting and finding enjoyable trails to hike in the spectacular American River canyons near Auburn”.

Joe Medeiros, Biologist Sierra College

“Those who walk the featured trails will become outspoken advocates for the preservation of the amazing heritage revealed by these superbly written guides.”

Evan Jones, Co-author, *Take a Hike!*

“The self-guided trail description reveals a wealth of information about the history, geology and vegetation of the incredibly diverse confluence area.”

Eric Peach, Protect American River Canyons, Conservation Chairman

